

**PROFESSIONAL  
FOOTCARE AND  
HEALING IN  
YOUR OWN  
HOME**



**FOOT MAINTENANCE**

Treatment of corns, callous, verruca, ingrowing or fungal nails, cracked heels and more,  
by a qualified professional.

**REFLEXOLOGY**

Alternative therapy on the feet, helping to relieve stress and promote wellbeing, can help with joint and back pain, skin, digestive or hormonal problems, insomnia and much more.

**NATURAL REIKI HEALING**

Gentle re-direction of energy to promote self healing, clears the mind and balances emotions, repairs bone and tissue damage. Performed on the whole body over comfortable clothing by a qualified practitioner.

For an appointment or information please call

**ANGIE or PAUL**

**MCFHP, MAFHP, MBRA**

**01759 306374 or 07706 526215**

**Registered Member of the British Association of Foot Health  
Professionals and the British Reflexology Association**